President’s Letter... by Audrey Borja

The hot days of summer are with us now and we are busy with our dancing and our many outdoor activities. Our members are participating in sports big time....swimming, golf, tennis... and all the ways to get exercise and support good health. I like to think that our dancing throughout the year promotes good health, both as a social venue and all around good medicine. Luckily, we have our BBC for all of this and to learn, enhance and promote the Carolina Shag, a lifelong community dance, friendship and well being.

So what is happening in and around:

- On our club nights, we have some new faces and good turnout....yeah! We are continuing our membership drive throughout the summer to reach our goal of 100 members by September and we can do this! Look on the table at the Loft for more information;

-Many of us went down to Atlanta, Ga. to the annual Grand Nationals. What an awesome 4 days – filled with dancing, dancing, dancing! “Benji Schwimmer” the winner from the “So You Can Think You Can Dance” TV show and National Swing Champion was one of the guest dancers at the event. He was quite an act and entertained us all with his light, spunky dancing array. The champions of shag, swing, and many other dances dazzled us with their footwork, energy and overall show time. If you did not go this year, maybe you can make it next year – you will not regret it, and you will come back ready to try out some new footwork!

-On June 2, a few of your BBC members and I went to an Association of Carolina Shag Clubs (ACSC) meeting in Richmond with other Virginia Clubs to learn more about what the ACSC does for its club membership and to share club ideas. Although the BBC is not yet a member, most shag clubs up and down the coast including Virginia clubs are ACSC members. The BBC meets all of the requirements for membership and I will ask your Board of Directors at our next meeting to consider joining. We will keep you posted and share what ACSC membership means for our BBC;

-Among one of the subjects discussed at the June 2 ACSC meeting was having a “Va. Shag Tag” campaign. The idea was received favorably by everyone at the meeting and each club is going to

(continued on page 2)
survey its members and report back to the Richmond Club chairperson on how many members would be interested. BBC member Wes Kirchner agreed to head up our BBC effort on this. Please see Wes for more information.

For upcoming events, notice there is a lot for our calendar:

- **July 17, General Membership meeting** at the Loft – watch your e-mails. The BBC is doing great because of you!

- **July 27-29**, Northern Virginia Shag Club Capital Classic. Tickets are still on sale and it is surely going to be a sold out event. If you haven’t gotten your tickets, pick up a flyer at the Loft. A bunch of our BBC members are planning to go so you will know lots of faces, and as you know you will never be a stranger! Ask one of us if you have any questions about this fun filled weekend!

- **August 3-4**, Richmond Shag Club annual party. See www.richmondshag.homestead.com.

- **August 24-25**, Beckley Area Shag party – Runway Boogie – (may be sold out)

**Would You Like to Have A Virginia Shag License Plate?**

See BBC member Wes Kirchner to complete a survey about this great idea...Lots of information to share. A state wide shag plate is on the horizon. See Wes!

Both of these parties are popular, fun, and get sold out quickly...so don’t drag your feet! FYI – out of town parties are fun and the drive is incidental when you know it is going to be fun when you get there!

- **August 18**, the BBC will have its own 3rd annual Summer Cannon Ball Blast. Please make note that it will be held at a different location this year: The FOE (Eagles) club at Exit 140 off of I-95, Stafford, Va. We have some special guests this year too; guest instructors, National Shag Dance Seniors Champions, Cathy and AC Williams from Dunn, N.C will conduct a dance workshop and ‘one-of-a-kind’, Butch Metcalf will be in the DJ booth. What a line up! The Eagle members will be joining us and will – no doubt- get hooked on our beach music and our dance. To enhance our food buffet, we are asking BBC members to bring a dish, etc. So, watch for the sign up sheet so you can tell us what you would like to bring to share. We are expecting a good turn-out....including you!

Don’t forget...

- **First Fridays in Fredericksburg** have begun! Give them a try for July and August. They provide a great social evening backed up with great band music.

I hope I haven’t left out anything coming up, but if I have, please let me know and we get the word out by e-mail, information on the table at the Loft and on our web site. Yes by these highlights, all is well in the ‘burg, and there is a ‘whole lot of fun going on.’ –So have a great summer...do a lot of dancing, stay well, embrace your strength, and ...

...let the good times roll!

Audrey

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**Beach Music....**

If you can’t wait til Tuesday to get your weekly beach music fix, tune in to 95.9 FM on Sunday nights which broadcasts a syndicated beach show from 6-9 pm called ‘Coast to Coast Beach Favorites.’

Check it out!
What’s Up!
- See table at the Loft for flyers -

Capital Shag Classic  
July 27-29

Richmond Shag Club Party  
August 3 - 4

BBC Cannon Ball Summer Blast  
August 18

Beckley Area Shag Party  
August 24-25

2007 Officers

President: Audrey Borja  
ledgestonemanor@aol.com  
(703) 401-5050

Vice President: Heather Jennings  
shagnva@crosslink.net

Treasurer: (Acting) Melissa Lipps  
melissadances@juno.com

Secretary: Melissa Lipps  
melissadances@juno.com

Board of Directors

Don Borja  
ledgestonemanor@aol.com

Chuck Russell  
RocknWithRuss@aol.com

Ann Martin  
anmartin13@yahoo.com

Committees

Communications: Chuck Russell  
RocknWithRuss@aol.com

Newsletter: Staff  
shagnva@crosslink.net

Dance: Heather Jennings

Fund Raising: Heather Jennings

Hospitality: Heather Jennings

Membership: Melissa Lipps  
melissadances@juno.com

Music: Jim Rose  
beachdj51@yahoo.com

If you are interested in helping, contact someone above. If you have ideas, an article, or something of interest, please let us know. Your help, service, and input are needed and can make a difference.
Battlefield Boogie Club
Fredericksburg, Virginia

CREATE DANCE HISTORY
CRE

Third Annual
Cannon Ball Summer Blast
AUGUST 18, 2007

EAGLES’ CLUB
F.O.E. 4488
1110 Courthouse Rd. – Stafford, VA. (Exit 140 off I-95)

WORKSHOP 6-7:15pm; DANCE 7:30 – 11:00pm

Dance $8 for members, $10 for non-members; Workshop $10 per person

Workshop by 2007 National Shag Seniors
Champions – AC & Cathy Williams!

Beginner & Intermediate Steps taught!

Beach Music by Hall of Fame DJ, Butch Metcalf!!

FOOD: Hot & Cold POTLUCK- Provided by BBC members and Eagles Club
BYOB for liquor only - Setups purchased at $1 each or Beer $1.75

Directions to Eagles Club: (from the south) Take I-95 North, to Exit 140 toward Stafford. Turn right onto Courthouse Road. Take the first right up the hill at the Sunoco Gas Station. There is a small sign at the turn with FOE 4488 on it. The club is at the top of the hill. (from the north) Take I-95 South, to Exit 140, toward Stafford. Turn left onto Courthouse Road. Make a right at the Sunoco Gas Station. There is a small sign at the turn with FOE 4488 on it. The club is at the top of the hill. For more info, see www.battlefieldboogieclub.com or email rockwithruss@aol.com.
Meet A.C. & Cathy Williams
BBC's Guest Shag Instructors!!!

Dr. A.C. and Cathy Williams live in Dunn, North Carolina and are shag instructors for the Fayetteville Area Shag Association. They have been involved with competitive dancing, teaching and judging for many years.

A.C. and Cathy have served two terms on the board of directors of the Competitive Shaggers Association with A.C. serving as president for two consecutive years.

They were inducted into the Fayetteville Shag Hall of Fame in 2004. A.C. and Cathy have also been inducted into the Virginia Beach Living Legends of Dance.

The Williams won the Seniors Division at the 2005 and 2007 National Shag Dance Championships in Myrtle Beach.

They are the 2004 & 2005 & 2006 Masters champions of the Grand Nationals Dance Championship held in Atlanta.

They were also members of the shag team (Boogie Woogie Kings) winning the National Shag Dance Championship’s first team competition in 2005.

Their other life includes three sons, a busy dental practice, golf and tennis when time allows and a brand new grandson (A.C. Williams IV).

Get off the Beach & Kick off those flip flops......... Get those Dancing Shoes on!!! It's time to get down & learn some new fun shag steps!!!
Happy Feet Do Six Steps
Steps for July / August

Beginner Steps for July / August
- July 10: Basic, Female Turn
- July 17: Basic, Half Turn
- July 24: Basic, Start
- July 31: Basic, Male Turn

Beginner Steps for August
- August 7: Basic, Triple Basic
- August 14: Basic, Side Pass
- August 21: Basic, Start
- August 28: Basic, Kick Basic

Intermediate Steps for July
- July 10: Don & Audrey, Basic Variation; Funky Apple Jack w/ a boogie walk
- July 24: Craig & Heather, Pivot with a turn out or a tuck

Intermediate Steps for August
- August 14: Don & Audrey, Basic variation; Instructor's choice
- August 28: Craig & Heather, Basic variation; Lean

Line dance classes are held the 3rd week of each month!!!!

JULY / AUGUST BIRTHDAYS
- Brenda (Joyce) Ford 07/14
- Darlene Weaver 07/22
- Angie Abbott 07/23
- Daniel (Dan) Gilham 08/02
- Charles (Chuck) Russell 08/03
- Riley Crawford 08/05
- Joyce Jessee 08/06
- Jewell Pradier 08/09
- Marilyn McKay 08/12
- Debra (Deb) Love 08/16
- Ann Thompson 08/27

We Have Club Shirts!
Our BBC logo is embroidered on shirts coming in light blue and gray. We have sold a bunch so far and have a few left from the initial order. They are $25 and good quality! Lots of us are wearing them — looking sharp! Check it out and get one in stock or by order! Support your club!

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## Beach Music Top 40

**Spinnin' Round...**

*By Jim Rose*  
*courtesy of www.beachshag.com*

| WK | 1  | 2  | 3  | 4  | 5  | 6  | 7  | 8  | 9  | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | 31 | 32 | 33 | 34 | 35 | 36 | 37 | 38 | 39 | 40 | 41 |
|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|
|    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |
| 29 | 1  | 1  | I MISS YOU | 106 | 2006 | Strickland, Rick |
| 33 | 2  | 2  | BEGIN THE BEGONE | 113 | 2006 | Ross, Billy & Donny Trexler |
| 23 | 3  | 3  | ANOTHER DAY IN THE BREEZE | 108 | 2007 | Second Nature |
| 27 | 4  | 4  | BIG TIME LOVER | 129 | 2006 | Sugarbees |
| 12 | 5  | 5  | GIRL THEY WONT BELIEVE IT | 123 | 2007 | Stone, Joes |
| 22 | 6  | 6  | MY BABY LOVES ME | 109 | 2007 | Mason, Barbara |
| 23 | 7  | 7  | STUCK ON YOU | 119 | 2006 | T |
| 12 | 8  | 8  | WHAT'S A MATTER BABY | 117 | 2007 | Maggie/Shaggie/Pam Russell |
| 32 | 9  | 9  | NEW BREED KINDA WOMAN | 119 | 2006 | Sand Band |
| 22 | 10 | 10 | LIFE IS A ROLLER COASTER | 121 | 2000 | Keating, Ronan |
| 9  | 11 | 11 | TOO MUCH TOO LATE | 119 | 2007 | Johnson, Dee & Full Flava |
| 24 | 12 | 12 | THAT'S YOUR MISTAKE | 106 | 2006 | SFB |
| 20 | 13 | 13 | SPOONFUL | 117 | 2006 | Scott, Billy & Susan Trexler |
| 45 | 14 | 14 | IF LOVE IS BLIND | 108 | 2001 | ATC |
| 13 | 15 | 15 | ONE STEP CLOSER | 114 | 2006 | Strickland, Rick |
| 33 | 16 | 16 | RHYTHM | 120 | 2006 | Innen featuring Impressions |
| 12 | 17 | 17 | I LOVE ONLY YOU | 116 | 1943 | Henry, Ed, The Nichels & 3 Pennies |
| 19 | 18 | 18 | PRIVATE NUMBER | 116 | 2006 | Scott, Billy & Cindy Floyd |
| 9  | 19 | 19 | SWEET ESCAPE, THE | 120 | 2006 | Stefani, Gwen & Alon |
| 5  | 20 | 20 | FIRST FLOOR GIRL | 128 | 2004 | Love Dogs |
| 8  | 21 | 21 | A LITTLE MEAT ON THE SIDE | 124 | 2007 | Sea Cruz |
| 12 | 22 | 22 | GONNA MOVE AWAY FROM HERE | 122 | 2007 | |
| 32 | 16 | 23 | A WONDERFUL WASTE OF TIME | 117 | 2006 | Fantastic Shakers |
| 11 | 24 | 24 | LOVE YOU DO | 116 | 2006 | Hudson, Jennifer |
| 3  | 25 | 25 | SOMEWHERE OVER THE RAINBOW | 106 | 2006 | Richard, Cliff |
| 15 | 26 | 26 | SHE'S THE ONE I LOVE | 129 | 2006 | Godfrey, Ridgy |
| 40 | 27 | 27 | EMPEROR OF MY BABY'S HEART | 120 | 2006 | Craver, Paul |
| 3  | 28 | 28 | TIME TO GO | 108 | 2004 | Peterson, James & Lucky w/ Mary Taylor |
| 9  | 29 | 29 | ROCK THIS HOUSE | 162 | 2007 | Piano Bob's 88s w Lou Abbott |
| 3  | 30 | 30 | LUCKY LUCKY ME | 115 | 2007 | Carpenter, Pat Band |
| 3  | 31 | 31 | LOVE BE WITH YOU | 116 | 2007 | Catalinas |
| 22 | 32 | 32 | HARD TO SAY GOODBYE | 116 | 2007 | Brown, Gary / R. Mark Black |
| 3  | 33 | 33 | LOVE IS HERE & NOW YOU'RE GONE | 116 | 2007 | Holiday Band |
| 3  | 34 | 34 | PINK CADILLAC | 137 | 2006 | Lewis, Jerry Lee & Bruce Springsteen |
| 2  | 35 | 35 | CALL ME IRRESPONSIBLE | 108 | 2007 | Buble, Michael |
| 40 | 36 | 36 | OVER AND DONE | 107 | 2007 | Shaw, Ryan |
| 9  | 37 | 37 | JUMPIN' THE JETTY | 126 | 2007 | Coastline with Jim Quick |
| 1  | 38 | 38 | ALWAYS GET MY MAN | 109 | 2007 | Manning, Taylor |
| 1  | 39 | 39 | ALL THE GOOD TIMES | 112 | 2007 | |
| 1  | 40 | 40 | (SO LONG) SINCE I FELT THIS WAY | 107 | 2007 | |
GOAL: 100 TOTAL MEMBERS BY SEPT 1.

CHALLENGE: BRING ONE OR MORE new MEMBERS TO THE LOFT ON TUESDAY NIGHT.

REWARD: FOR YOU AND NEW MEMBER—FREE ENTRANCE, FREE DRINK & ONE 50/50 TICKET!

BE A WINNER—SUPPORT YOUR CLUB!

WE CAN DO THIS!

We extend a warm Welcome to new BBC members!

Steve Humieker  Carol Baker
Joyce Jessee    Darlene Weaver
    Judith Trewin